



Trinity Tidings

September 11, 2020

[Visit our Website](#)

Prayer List - to submit a prayer request click [here](#).
Altar Flowers - if you would like to dedicate Altar Flowers click [here](#).

Stay at Home, Stay Connected

We worship on Sunday mornings at 9am [here](#).

You can find the Sunday bulletin [here](#).

There's a coloring sheet for children (or adults!) based on the Sunday lessons that you can print out at home [here](#). If you can't print at home, e-mail [Karen Van Winkle](#) and she will print a few weeks' worth and mail them to you.

We say Compline on Wednesdays at 8pm [here](#).

You can find the Compline bulletin [here](#).

Zoom meetings require a password to enter, but you should be able to bypass that by clicking on these links. The password for all Zoom meetings, except the Youth Sunday School, is trinity.

- **Young Adults** are meeting on Mondays at 7pm on Zoom [here](#)
- **Altar Guild** is meeting on Tuesdays at 11am on Zoom and would love for you to join them [here](#)
- **Qi Gong**, practice of simple movements, meditations, and breathing practices, on Zoom every Tuesday at 5:30pm [here](#).
- **Bible Study** on Wednesdays at 11am is meeting on Zoom and would love for you to join us [here](#). The meeting actually begins at 10:45am so that there's time to socialize before the study begins. For next Wednesday, the lesson Matthew 20:1-16.
- **Trinity Wednesdays** is meeting on Wednesdays at 6pm on Zoom [here](#)
- **Thrift Shop Volunteers** meet on Zoom at 10am on Thursdays and all are invited [here](#)
- **9am & 11:15am Choirs** meet on Zoom on Thursdays at 7pm [here](#)
- **Trinity Trekkers** meets on Zoom on the first Friday of the month at 9am [here](#).
- **St. Martha's Guild** meets on Zoom on Fridays at 11am [here](#)
- And Fr. Todd is hosting a **parish-wide Social Hour** on Zoom every Friday at 5pm [here](#)

- **The children's Sunday story time video** is [here](#) and the conversation starters/questions are [here](#).
- **Youth Sunday School** for middle and high school students meets on Zoom on Sundays at 10:15am [here](#).
- **Sunday School for Adults** meets on Zoom on Sundays at 10:15am [here](#).
- **The recording** of last Sunday's Sunday School for Adults is [here](#).

The parish office is closed. Barbara, Fr. Todd, and Mtr. Erika will be in on Sundays and occasional weekdays to take care of mail, finances, and other essential work to keep the parish running. If you need to be in touch with any of us, e-mail us or call us (Fr. Todd's mobile: 916.367.9281) or call the church office (916.985.2495), which has been rerouted to go to Barbara's mobile phone. If you e-mail us (Fr. Todd [tbruce@trinityfolsom.org]; Mtr. Erika [eessiem@trinityfolsom.org]; Barbara [trinity@trinityfolsom.org]), we will get back to you as soon as we can.

Word of the Week

Our word of the week is [Liturgy of the Word](#). Our Sunday services can be divided into two parts, and the first is the Liturgy of the Word.

Construction Pic of the Week



We finished packing up and moving out of the church building and the Parish Hall this past Sunday, and on Wednesday morning, the piano was moved out and the organ was brought down out of the loft (pics on our Facebook page) and taken over to Brett's house. And now Reeve-Knight Construction, our general contractors, have taken over the back half of Trinity House and are settling in for the next six to seven months (it saved us a lot of money to make space for them rather than having a trailer brought in for their office space!). Here we go!

Eucharist for Holy Cross

Holy Cross (next Monday, September 14th) is one of the "red-letter" days in the Prayer Book calendar, and we'll observe it with a Eucharist at noon, broadcast on our Facebook page. You can find the bulletin for it [here](#).

Communion Sunday ~ September 20th

Our bishop has issued new guidelines which will allow us to take Communion occasionally – we'll probably have it every other Sunday. You'll have to come to the church on Sunday afternoon between 1pm and 4pm to pick up Communion hosts (the wafers) which have been consecrated at that morning's service, and then we will broadcast a very brief service that evening on our Facebook page, during which you will consume the Communion hosts.

When you come to pick up your hosts on Sunday the 20th, you'll pull into a parking spot on Wool St, and stay in your car – Fr. Todd and Mtr. Erika will bring an envelope to you. Though the interaction will be brief, we would appreciate it if you will wear a mask, as the clergy will be doing.

To help us know how many to prepare, we're asking you to use this [sign-up](#) if you intend to take Communion on the 20th. If you need some help with it, just call the church office. If you totally forget, come pick up hosts anyway, we will make some extra.

Blessing of the Animals ~ October 4th

Our annual Blessing of the Animals in honor of St. Francis usually takes place on the Sunday before his feast day on the Church calendar, October 4th. It happens to fall on a Sunday this year. We've been trying to figure out a way to do the Blessing of the Animals within the constraints of the pandemic and uncertain weather (heat, fires/smoke/ash, rain). We've decided that this year, we'll bless your animals that afternoon in your car when you come to pick up Communion. On the [sign-up sheet](#) for **October 4th**, there's a space for how many and what kind of animal you will be bringing. If for some reason you don't want Communion, please indicate that on the sign-up sheet.

Sunday School

Sunday School for Adults meets after church at 10:15am on Zoom [here](#). This week we'll be studying an event that Anglicans have, perhaps because of our early history, mostly ignored. Our class this Sunday will include two things Fr. Todd has in his dining room: big platters and pictures of decapitations. Join us to hear more about his curious decorating ideas and about this famous story from the Gospels! For our younger children, who would have attended Children's Chapel and the kindergarten and elementary Sunday School classes, Director of Children's Ministries Karen Van Winkle is hosting a story time. She'll be telling a story while she builds it out of Legos, and she'll invite the children watching to build with her – or draw, or whatever creative activity they like. This is a prerecorded video; it will be posted on our Facebook page after Sunday service and saved in the videos section of our Facebook page, or you can watch it before Sunday morning by clicking [here](#). Karen has also prepared some questions and conversation starters for you to use during or after watching the video; you can find those [here](#).

For youth in middle and high school, we're hosting a live Zoom with Karen and Mtr. Erika on Sunday morning at 10:15am [here](#). A special password is required to access this Zoom; e-mail [Karen](#) to get it.

Folsom Day of Service Food Drive

We'll be hosting a "Stop, Pop, & Go" food drive, like the one we did this spring, as part of the Folsom Day of Service. The date is Saturday, September 19th, from 9am-4pm. You'll pull up into the parking spaces on Wool Street, and volunteers will unload your donations for the Twin Lakes Food Bank. Twin Lakes is especially looking for the following items: cans of tuna, soup, chili, ravioli, fruits, and vegetables; tomato products and pasta sauce; pasta; cereal and oatmeal; peanut butter; ramen noodles; baby wipes; and diapers – sizes 4 and 5 are most needed.

Christmas Around Town

We know it's still August, but it is never too early to begin preparing for Christmas, especially for our annual participation in Christmas Around Town. Christmas Around Town provides the clients of Twin Lakes Food Bank and other neighbors in need identified by local non-profits to "shop" for Christmas gifts for their families. This year, as we have in the past, we are signed up to supply and staff the Women's Shop – so we get to help folks shop for their moms, wives, partners, and sisters. Everything is a little more complicated this year due to the pandemic, and instead of happening on one busy day, the event will be spread out in order to maintain physical distancing. We have a lot of volunteer opportunities – we'll be sorting and pricing at the Freebergs' barn so that we can distance, and then there are shifts to set up at the store at Lakeside, and twelve shifts of staffing. It would be very helpful to us if you can sign up to volunteer very early, so that we will have time to fill the gaps. The sign-up is [here](#). Thanks so much! We're looking forward to another fun (and safe and healthy) Christmas Around Town!

Twin Lakes Food Bank Gala ~ Save the Date!

The annual Twin Lakes Food Bank Gala is going virtual this year. We'll have more details soon, but mark Friday, November 6th on your calendar!

Trinity Wednesdays

Trinity Wednesdays is meeting on Wednesdays at 6pm on Zoom [here](#). We're reading Robin DiAngelo's *White Fragility*; for Wednesday the 16th, read chapter eleven. To help guide our discussion, reflect on these [questions](#). We'll be starting a new book in a few weeks, and you might want to go ahead and order it and get a head start. Our next book will be Sara Miles' book [jesus freak](#).

How Can Everything Be Alright When Everything Seems All Wrong?

Even with faith in God, it can be difficult to see God in the midst of circumstances that seem to tell us God is absent. How, in the midst of our challenges, do we hold fast to faith and move forward in our lives with confidence? Come and join Deacon Libby, Mtr. Erika, and Mtr. Anne for a day of encouragement as we seek to "be alright" even when everything seems to be all wrong! We'll be meeting on Zoom on Saturday, October 24th, from 9:30am-1pm. There's no cost for this retreat and it is open to everyone; you can register [here](#).

Music Notes ~ Dancing with Pluck

I'll be playing Bach on the harpsichord this Sunday. The harpsichord was popular in renaissance and baroque music as both a solo and accompanying instrument. Unlike the piano, which uses hammers to hit the strings, the harpsichord has quills (or plastic) that pluck the strings, giving it a unique sound. The harpsichord that you will hear on Sunday has two keyboards. These keyboards can be "coupled" together, allowing the player to play one key that also strikes a string from the other. It wasn't until the late 18th century that an early type of the piano (fortepiano) came out. Most agree that Johann Sebastian Bach never heard or saw this early piano, and was instead writing for the harpsichord. One of the sets of pieces that Bach wrote for the harpsichord is "The French Suites." These pieces have been mistakenly called French, but they actually follow Italian music styles. Each suite features a number of movements associated with historical dances. ~ Brett Judson, Director of Music

EfM Prgram Has Started!

Education for Ministry (EfM) is a four-year program of theological education, using small-group study and discussion, for lay Episcopalians. Several Trinity Folsom parishioners have participated in EfM groups at nearby parishes, and we decided that there is enough interest in adult Christian education in this parish to have our own group. Our EfM group, led by Joanie Cahill (9am) and Timothy Knight (11:15am), started meeting this Thursday, and we're very pleased to say that we have nine people signed up for the group. Several had already started in other congregations, and so we'll have a few graduates at the end of this year, and open spots next year if you are interested in joining. If you want to learn more about EfM, e-mail [Fr. Todd](#) or contact Joanie and Tim through the parish directory. Don't know how to access the parish directory online? E-mail [Barbara](#) or call the church office (916.985.2495) and she will help you!

Meet Mtr. Erika - More Dates Added!

To give you a chance to spend some time with Mtr. Erika, we're setting up small group Zooms with her on Thursdays at 3pm. The groups will be limited to four to ten people so that it will be easier to have a conversation. You'll need to sign up in advance [here](#) to reserve your spot, and once you're signed up, Mtr. Erika will send you the link to the Zoom. We've added some more dates, and if they fill up, don't worry, we will schedule some more. Having trouble navigating the sign up? E-mail [Barbara](#) or call her in the church office (916.985.2495) and she will help you out!

Forward Day By Day

If you would like to pick up a copy of the Forward Day by Day, Barbara will have them on a table on the front porch of Trinity House when she is in the office. Her regular office hours are 10am-3pm Monday through Thursday. If you can't get here to pick one up, let us know and we will mail one to you.

Trinity Episcopal Church
801 Figueroa Street
Folsom, CA 95630
(916) 985-2495 ~ www.trinityfolsom.org