



Trinity Tidings

September 25, 2020

[Visit our Website](#)

Prayer List - to submit a prayer request click [here](#).

Altar Flowers - if you would like to dedicate Altar Flowers click [here](#).

Stay at Home, Stay Connected

We worship on Sunday mornings at 9am [here](#).

You can find the Sunday bulletin [here](#).

There's a coloring sheet for children (or adults!) based on the Sunday lessons that you can print out at home [here](#). If you can't print at home, e-mail [Karen Van Winkle](#) and she will print a few weeks' worth and mail them to you.

We say Compline on Wednesdays at 8pm [here](#).

You can find the Compline bulletin [here](#).

Zoom meetings require a password to enter, but you should be able to bypass that by clicking on these links. The password for all Zoom meetings, except the Youth Sunday School, is trinity.

- **Young Adults** are meeting on Mondays at 7pm on Zoom [here](#)
- **Altar Guild** is meeting on Tuesdays at 11am on Zoom and would love for you to join them [here](#)
- **Qi Gong**, practice of simple movements, meditations, and breathing practices, on Zoom on Tuesday at 5:30pm [here](#).
- **Bible Study** on Wednesdays at 11am is meeting on Zoom and would love for you to join us [here](#). For next Wednesday, the lesson Matthew 21:33-46.

- **Trinity Wednesdays** is meeting on Wednesdays at 6pm on Zoom [here](#). We're taking this coming Wednesday off, and will be back on October 7th!
- **Thrift Shop Volunteers** meet on Zoom at 10am on Thursdays and all are invited [here](#)
- **9am & 11:15am Choirs** meet on Zoom on Thursdays at 7pm [here](#)
- **Trinity Trekkers** meets on Zoom on the first Friday of the month at 9am [here](#).
- **St. Martha's Guild** meets on Zoom on Fridays at 11am [here](#)
- And Fr. Todd is hosting a **parish-wide Social Hour** on Zoom every Friday at 5pm [here](#)
- **The children's Sunday story time video** is [here](#) and the conversation starters/questions are [here](#).
- **Youth Sunday School** for middle and high school students meets on Zoom on Sundays at 10:15am [here](#).
- **Sunday School for Adults** meets on Zoom on Sundays at 10:15am [here](#).
- **The recording** of last Sunday's Sunday School for Adults is [here](#).

The parish office is closed. Barbara, Fr. Todd, and Mtr. Erika will be in on Sundays and occasional weekdays to take care of mail, finances, and other essential work to keep the parish running. If you need to be in touch with any of us, e-mail us or call us (Fr. Todd's mobile: 916.367.9281) or call the church office (916.985.2495), which has been rerouted to go to Barbara's mobile phone. If you e-mail us (Fr. Todd [tbruce@trinityfolsom.org]; Mtr. Erika [eessiem@trinityfolsom.org]; Barbara [trinity@trinityfolsom.org]), we will get back to you as soon as we can.

Word of the Week

Our word of the week is [entrance rite](#). Historically, the entrance rite has been a part of the liturgy that has accumulated a lot of small things that eventually become cumbersome, and the 1979 Prayer Book eliminated some of them. We've added back into the entrance rite one thing that was not included in the Rite II Eucharistic liturgy in the 1979 Prayer Book, the Summary of the Law.

Construction Pic of the Week



It's easy to forget that the church building, built sometime between 1857 and 1861, has actually had major alterations before this project. In this picture, you can see the original exterior of the back wall of the church, re-clad in new boards at some point, probably in the mid-20th century, that was then covered up and walled in when the support rooms (sacristies, bathroom, etc.) were added to the building. There was originally a large window in this wall, too, which is now on a lightbox that hangs high on a wall in the Parish Hall. There have been at least two major renovations to the interior of the church building, too, and at one point the entire church was lifted to put a new foundation under it. We're discovering other old features that were simply covered up at some point, with carpet, plywood, or drywall. Some of these features, like the original shape of the interior arches, will be restored in this project, while others, like the rooms that were in the front of the church at some point many decades ago, are gone for good. Others, like the pews that we can see in old photographs, can't be restored because they no longer exist, but we will be putting in something new that is similar or in the same spirit. This picture, with this formerly exterior wall exposed for the first time since at least 1995, reminds us that change is the one constant, and the generations before us changed things, too, according to the needs of their times.

Blessing of the Animals & Communion ~ October 4th

Our annual Blessing of the Animals in honor of St. Francis usually takes place on the Sunday before his feast day on the Church calendar, October 4th. It happens to fall on a Sunday this year. We've been trying to figure out a way to do the Blessing of the Animals within the constraints of the pandemic and uncertain weather (heat, fires/smoke/ash, rain). We've decided that this year, we'll bless your animals that afternoon in your car when you come to pick up Communion. On the [sign-up sheet](#) for October 4th, there's a space for how many and what kind of animal you will be bringing. If for some reason you don't want Communion, please indicate that on the sign-up sheet.

Sunday School

Sunday School for Adults meets after church at 10:15am on Zoom [here](#). This week, Fr. Todd will present the 2021 draft budget in preparation for pledge cards being mailed out next week.

For our younger children, who would have attended Children's Chapel and the kindergarten and elementary Sunday School classes, Director of Children's Ministries

Karen Van Winkle is hosting a story time. She'll be telling a story while she builds it out of Legos, and she'll invite the children watching to build with her – or draw, or whatever creative activity they like. This is a prerecorded video; it will be posted on our Facebook page after Sunday service and saved in the videos section of our Facebook page, or you can watch it before Sunday morning by clicking [here](#). Karen has also prepared some questions and conversation starters for you to use during or after watching the video; you can find those [here](#).

For youth in middle and high school, we're hosting a live Zoom with Karen and Mtr. Erika on Sunday morning at 10:15am [here](#). A special password is required to access this Zoom; e-mail [Karen](#) to get it.

Draft Budget Presentation/Annual Pledge Cards

This Sunday at 10:15 in the Sunday School for Adults, Fr. Todd will present and discuss the 2021 draft budget; click [here](#) to see the draft budget. A copy will also be mailed to you next week, included in the envelope with a letter from Fr. Todd, a pledge card, and an information sheet about pledging. The draft budget is just a start; your vestry is committed to a balanced budget, and so we make changes based on pledges. To help us, please return your pledge card by All Saints' Day, November 1st.

Trinity Wednesdays

Trinity Wednesdays is meeting on Wednesdays at 6pm on Zoom [here](#). We're taking a break on this next Wednesday, September 30th, and we'll be back on **October 7th** to start a new book, Sara Miles' book [jesus freak](#).

Trinity Trekkers

We're planning on walking on Friday, October 2nd. We'll meet across the street from 202 Wellfleet Circle in Folsom at 9am (please plan to arrive a few minutes early so that no one gets left behind) and we'll take a gentle one hour walk on the Humbug Willow Creek trail. We're asking everyone to physically distance the entire time – remember, this means when you park, we know you'll be excited to see one another, but do not run up and give anyone a hug! Please bring a mask, too, to wear as everyone parks and gathers at arrival and departure.

How Can Everything Be Alright When Everything Seems All Wrong?

Even with faith in God, it can be difficult to see God in the midst of circumstances that seem to tell us God is absent. How, in the midst of our challenges, do we hold fast to faith and move forward in our lives with confidence? Come and join Deacon Libby, Mtr. Erika, and Mtr. Anne for a day of encouragement as we seek to “be alright” even when everything seems to be all wrong! We’ll be meeting on Zoom on Saturday, October 24th, from 9:30am-1pm. There’s no cost for this retreat and it is open to everyone; you can register [here](#).

Music Notes ~ Dancing with Spiders

This week I will play “Tarantelle” from Contrastes by Canadian composer Denis Bédard. There are many musical tarantellas born out of the folk dance traditions of southern Italy. The music of these dances is typically marked by a fast tempo, 6/8 meter, and might include small instruments like a tambourine or drum. Legend says that after the bite of a poisonous spider, a person would “dance” hysterically, and thereby avoid death. I’ve been known to do a dance if a spider is spotted. But we’re not talking about arachnophobia here, we’re talking about magically getting the venom out. I know that this does not bear any real connection to the liturgy, but many of these musical depictions of that frenetic dance are fun and interesting musical pieces, even if someone doesn’t know what a tarantella is. The staff doesn’t have to worry since pest control recently has sprayed around my house. There won’t be any bug bites on Sunday during worship. ~ Brett Judson, Director of Music

Christmas Around Town

It is never too early to begin preparing for Christmas, especially for our annual participation in Christmas Around Town. Christmas Around Town provides the clients of Twin Lakes Food Bank and other neighbors in need identified by local non-profits to “shop” for Christmas gifts for their families. This year, as we have in the past, we are signed up to supply and staff the Women’s Shop – so we get to help folks shop for their moms, wives, partners, and sisters. Everything is a little more complicated this year due to the pandemic, and instead of happening on one busy day, the event will be spread out in order to maintain physical distancing.

All of our prep work volunteer spots are filled, but **we still have several open volunteer shifts at the store on the days of the event.** It would be very helpful to us if you can sign up to volunteer very early, so that we will have time to fill the gaps. The sign-up is [here](#). Thanks so much! We’re looking forward to another fun (and safe and healthy) Christmas Around Town!

Twin Lakes Food Bank Gala ~ Save the Date!

The annual Twin Lakes Food Bank Gala is going virtual this year. The Gala will be broadcast live on Friday, November 6th – “pre-game” begins at 6:30pm and the event runs from 7pm-8pm. There will be silent and live auctions (if, by the way, you have something you’d be interested in donating to the auctions – vacation home stays, gift baskets, services – let Fr. Todd know and he will connect you to the folks at TLFB); the silent auction begins online on October 30th and runs through the end of the event. For more information about the TLFB Gala, visit their [website](#) or talk to Fr. Todd, Mtr. Erika, Janice Freeberg, Tovi Abello, or Libby Vincent!

Folsom Day of Service Food Drive

Many thanks to everyone who volunteered and/or donated to the “Stop, Pop, & Go” food drive on September 19th. The citywide food drive collected over twenty thousand pounds of food for the Twin Lakes Food Bank!

Meet Mtr. Erika - More Dates Added!

To give you a chance to spend some time with Mtr. Erika, we’re setting up small group Zooms with her on Thursdays at 3pm; we’ve also added one group on a Saturday afternoon for those who can’t attend on a weekday. The groups will be limited to four to ten people so that it will be easier to have a conversation. You’ll need to sign up in advance [here](#) to reserve your spot, and once you’re signed up, Mtr. Erika will send you the link to the Zoom. We’ve added some more dates, and if they fill up, don’t worry, we will schedule some more. Having trouble navigating the sign up? E-mail [Barbara](#) or call her in the church office (916.985.2495) and she will help you out!

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