



# Trinity Tidings

## February 12, 2021

[Visit our Website](#)

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**Prayer List** - to submit a prayer request click [here](#).

**Altar Flowers** - if you would like to dedicate Altar Flowers click [here](#).

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### Stay at Home, Stay Connected

We worship on Sunday mornings at 9am [here](#).

You can find the Sunday bulletin [here](#).

There's a coloring sheet for children (or adults!) based on the Sunday lessons that you can print out at home [here](#). If you can't print at home, e-mail [Karen Van Winkle](#) and she will print a few weeks' worth and mail them to you.

We say Compline on Wednesdays at 8pm [here](#).

You can find the Compline bulletin [here](#).

Zoom meetings require a password to enter, but you should be able to bypass that by clicking on these links. The password for all Zoom meetings, except the Youth Sunday School, is trinity.

- **Young Adults** are meeting on Mondays at 7pm on Zoom [here](#).
- **Altar Guild** is meeting on Tuesdays at 11:30am on Zoom and would love for you to join them [here](#)
- **Qi Gong**, practice of simple movements, meditations, and breathing practices, on Zoom on Tuesday at 5:30pm [here](#).
- **Bible Study** on Wednesdays at 11am is meeting on Zoom and would love for you to join us [here](#). The lesson for next Wednesday is Psalm: 25:1-10.
- **Trinity Wednesdays** is meeting on Wednesdays at 6pm on Zoom [here](#).

- **Thrift Shop Volunteers** meet on Zoom at 10am on Thursdays and all are invited [here](#)
- **9am & 11:15am Choirs** meet on Zoom on Thursdays at 7pm [here](#).
- **St. Martha's Guild** meets on Zoom on Fridays at 11am [here](#)
- Fr. Todd is hosting a **parish-wide Social Hour** on Zoom every Friday at 5pm [here](#).
- **The children's Sunday story time video** is [here](#) and the conversation starters/questions are [here](#).
- **Youth Sunday School** for middle and high school students meets on Zoom on Sundays at 10:15am [here](#).
- **Sunday School for Adults** meets on Zoom on Sundays at 10:15am [here](#).
- **The recording** of last Sunday's Sunday School for Adults is [here](#).

The parish office is closed. Barbara and Fr. Todd are in and out of the office to take care of mail, finances, and other essential work to keep the parish running. If you need to be in touch with any of us, e-mail us or call us (Fr. Todd's mobile: 916.367.9281) or call the church office (916.985.2495), which has been rerouted to go to Barbara's mobile phone. If you e-mail us (Fr. Todd [[tbruce@trinityfolsom.org](mailto:tbruce@trinityfolsom.org)]; Mtr. Erika [[eessiem@trinityfolsom.org](mailto:eessiem@trinityfolsom.org)]; Barbara [[trinity@trinityfolsom.org](mailto:trinity@trinityfolsom.org)]), we will get back to you as soon as we can.

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## Word of the Week

Our word of the week is **Gospel acclamation**, the words we say before and after the Gospel lesson is read. The words we say before, "Glory to you, Lord Christ," are a translation of the ancient Latin liturgical response "**Gloria tibi, Domine.**" The words after, "Praise to you, Lord Christ," are a translation of the ancient Latin liturgical response "**Laus tibi, Domine.**"

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## Construction Pic of the Week



The church building got a new roof this week, so it's nice and watertight against the rain, and serious work can begin inside. Inside the church building, the new rood wall was built and the old one taken down. Our general rule has been to preserve and reuse historic materials, but the part of the old rood wall that you would be able to see had already been altered and damaged sometime early in the 20th century, and multiple times since then, and restoring it would have been prohibitively expensive. Instead of reusing it, we used it as a template for the new one. The new one,

like the old one, is where the altar rail will be located, and the arches in it will be rounded “Romanesque” arches, which we found inside the old rood wall and what we believe to be the original shape when the building was constructed in 1862. You can see the new rood wall through the scaffolding in this picture, and if you look very closely at the old drywall on the ceiling, you can see a line of bare wood that shows where the old rood wall was – it’s probably easiest to see on the left.

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## Ash Wednesday Service

We've decided to proceed with the imposition of ashes and Communion on Ash Wednesday, February 17th, with some extra precautions in place. We'll broadcast the Ash Wednesday liturgy on our Facebook page at noon. Then, from 3pm until 6pm, we'll be imposing ashes and distributing Communion on the church campus. Park close to the Thrift Shop and wait in your car until a staff member comes to get you. Fr. Todd will be on the steps of the Thrift Shop to impose ashes on your head; masking is required, and we'll limit our interaction to the few seconds that it will take to impose the ashes. On your way back to your car, you can stop at a table and pick up hosts (wafers) that were consecrated at the Ash Wednesday liturgy. Then tune in again to our Facebook page at 7pm for a brief liturgy (Communion Under Special Circumstances) during which we will take Communion together.

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## HART of Folsom Seeking Volunteers

Trinity Folsom will be “hosting” the HART (Homeless Assistance Resource Team) of Folsom winter shelter the week of March 14th-20th. There are many different types of kinds of volunteer positions available, from meals to doing laundry for the guests (towel laundry can be picked up and done at your own home) to staying overnight as chaperones from 8pm until 6:45am. We particularly need folks to stay overnight as chaperones, and especially encourage those among us who are free to do this to consider signing up for a night. COVID precautions are in place, and so far, after several weeks of operation, the shelter hasn't seen any instances of transmission. We have an online sign-up sheet for volunteers [here](#). If you have questions or are interested, contact the HART of Folsom volunteer coordinator (and Trinity Folsom parishioner) Jessica Leng: you can [e-mail her](#) or give her a call (916.201.1321).

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## Tina Selanders Funeral ~ Saturday, February 13th

The burial office for parishioner Tina Selanders (11:15am) will be broadcast on our Facebook page at noon on Saturday, February 13th. Please join us for the service and in extending condolences with Tina's family and friends, especially to Tina's daughter Sherry (Alan) Farebrother, granddaughter Erica (Raymond) Martin, great-granddaughters Sophia, Charlotte, and Emilia, and dear friend Maria Leach, all Trinity Folsom parishioners.

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## Black (Episcopal) History Month: Nat King Cole & Integration

As in most American denominations, most (but not all) of the congregations of The Episcopal Church were de facto segregated until the middle of the twentieth century. One of the most famous instances of segregation and integration in The Episcopal Church happened here in California in 1962. When singer and pianist Nat King Cole (for our readers who might not be familiar with the great Nat King Cole, introduce yourself with ["Unforgettable"](#)

["When I Fall in Love,"](#)

["Smile,"](#) and

["Mona Lisa"](#) moved to the Hancock Park neighborhood in 1948, integrating it after the Supreme Court struck down racially restrictive covenants earlier that year, the neighbors offered to pay him to leave, the Ku Klux Klan burned a cross in his front yard, and someone poisoned his dog. In 1962, he asked the rector of the nearby St. James' Episcopal Church on Wilshire Boulevard if he and his family would be welcome as members of the parish. The rector asked the vestry, and the vestry said no. The rector then invited Mr. Cole to sing at Easter services that year, and not long after, the vestry requested the rector's resignation. Things change, though, and when Nat King Cole died suddenly less than three years later in 1965, his funeral was held at St. James'. St. James' began integrating more rapidly as the neighborhoods around it changed, and the first Black senior warden was appointed in the 1980s. It's very much worth our attention, time, and energy to reflect that it was less than sixty years ago that an Episcopal vestry in California refused to integrate the congregation. You can read more about the Cole family integrating Hancock Park (it's a fascinating story!) [here](#) and more about the history of St. James' Episcopal Church – which didn't have a woman serve on its vestry until the 1970s – [here](#).

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## Music Notes ~ Supernal Anthems Echoing

This week's closing hymn is #618 "Ye watchers and ye holy ones." The text is written by the Anglo-Catholic John Athelstan Laurie Riley, a hymn writer and translator. He was known for being a member of the committee for The English Hymnal (1906). Since I'm a church nerd, I have a copy at my house and on occasion bring it out. Interested in the Eastern Church (what we usually call Orthodoxy), Riley fills this hymn with Eastern

theological/cultural priorities: the hymn describes the nine order of angels as defined by pseudo-Dionysius; the second stanza is a paraphrase of the Theotokion, a hymn of praise to the Virgin Mary; the third stanza calls on patriarchs, prophets, disciples, and martyrs to join the song; and finally, the last verse invites all on Earth to join the song to the Trinity. If you've ever wondered what 'supernal' means, it relates to the heavens as all of Creation is praising God in the highest. Let the anthems ring! ~ Brett Judson, Director of Music

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## Discerners Needed!

The diocese has introduced a new discernment process for folks who are interested in pursuing ordination, and it involves regional discernment groups composed of clergy and lay people who go through a discernment process with the person interested in ordination. I'm proud to say that Trinity Folsom has provided more folks to help with this discernment than any other congregation in our deanery. But we need a few more! One of your fellow parishioners is counting on two of you to volunteer so that they can begin the process. The commitment is to a training session and then about eight to ten meetings over four to six months. You can read more about the regional discernment group process here ([https://www.norcalepiscopal.org/wp-content/uploads/2020/08/EDNC-RDG\\_Guide.pdf](https://www.norcalepiscopal.org/wp-content/uploads/2020/08/EDNC-RDG_Guide.pdf)). If you're interested, please e-mail me ([tbruce@trinityfolsom.org](mailto:tbruce@trinityfolsom.org)) even if you just want to learn more and aren't yet ready to commit. ~ Fr. Todd+

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## Burying the Alleluias

Ash Wednesday marks the beginning of Lent, which is the season of 40 days leading up to Easter Sunday, and during this season, you won't hear the word "alleluia" used during the service. An ancient way we continue to show joy and gratitude to God as a church is to sing or say "alleluia," which means "Praise the Lord!" In Lent, we focus on the ways in which we fall short of following Jesus and our need to regularly recommit our hearts and lives to God. Lent, however, is a time marked by inward reflection, and thinking about the ways we haven't loved God as well as we could and our need for God's grace. For this reason, we don't sing or say "alleluia" during Lent. When Easter comes the "alleluias" return because it is a time of celebration and new life. One tradition for the children at Trinity Folsom the last few years has been to decorate "alleluias" and "bury" them at the church (the last couple years the alleluias have spent the season locked away in the root cellar of Trinity House). We aren't able to bury "alleluias" on the church campus this year, but this is a simple activity that can be done at home. It is a tangible reminder of how the Lenten season is different, and gives us an opportunity to look forward with anticipation to Easter when our "alleluias" can be resurrected and make their joyous return. [Here](#) is a beautiful Alleluia Butterfly from Illustrated Ministries that you can print out and color at home; then find a place to hide them away on Ash Wednesday, and on Easter Sunday, before breakfast or church or receiving Easter baskets, raise them again in celebration! ~ Karen Van Winkle, Director of Children's Ministries

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## Shrove Tuesday Pancake Suppers

Shrove Tuesday is Tuesday, February 16th, and were it not for the pandemic, we would be planning to gather as a Trinity community for our annual Pancake Supper. Clearly, that is not an option this year, but Shrove Tuesday is a great celebration to mark at home with your own Pancake Supper! Shrove Tuesday is the traditional feast day before Ash Wednesday, which is the first day of Lent. Because Lent was traditionally a time of fasting, Shrove Tuesday became the last opportunity for feasting before the beginning of Lent. In centuries past, the Lenten fast was far more rigorous than it is today, and Christians were required to abstain from fat and food that came from animals, such as milk, cheese, butter, eggs and animal fats. Pancakes are the perfect way to use up these ingredients, so this led to the tradition of eating pancakes on Shrove Tuesday. In the UK and in other countries with a strong English influence, pancake races are an important part of Shrove Tuesday celebrations - an opportunity to race to the finish line while tossing pancakes in a pan or balancing them on a spatula. Pancake races have become a popular activity at Trinity as well. So, while we are all at home this year, you are invited to mix up a batch of delicious pancakes, add a few Mardi Gras beads to your outfit, and challenge someone in your house to a pancake race (or you could just run up and down your block carrying a pancake and see what kind of strange looks you get from your neighbors)! ~ Karen Van Winkle, Director of Children's Ministries

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## Having Trouble Accessing Online Worship?

If you are having difficulty logging on to our Facebook page, please try the following

1. Make sure you are logging on to [www.facebook.com/trinityfolsom](https://www.facebook.com/trinityfolsom)
2. Please give your device ample time to load a picture or respond to your request. If you click multiple times the page will need to reload each time.
3. When the "See more of Trinity Episcopal Church Folsom on Facebook" pops up asking you to login or "Create New Account" in a green box that you scroll down below that box. You will see "Not Now". If you click on "not now" it will let you see our page. You will have to do this each time you go to our page unless you have a Facebook account.

If you continue to have problems, please contact [\*\*Barbara\*\*](#) or [\*\*Fr. Todd\*\*](#) and we will help walk you through it.

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## Trinity Wednesdays

Trinity Wednesdays is on break next week (February 17th) for Ash Wednesday. We'll be back on February 24th to discuss chapter 12 of N. T. Wright's Surprised by Hope.

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## Sunday School

**Sunday School for Adults** meets after church at 10:15am on Zoom [here](#). This Sunday, we'll be studying one of the most famous stories in the Bible, a story Jesus used to teach us who our neighbors are.

For **youth in middle and high school**, we're hosting a live Zoom with Karen and Mtr. Erika on Sunday morning at 10:15am [here](#). A special password is required to access this Zoom; e-mail [Karen](#) to get it.

For our **younger children**, who would have attended Children's Chapel and the kindergarten and elementary Sunday School classes, Director of Children's Ministries Karen Van Winkle is hosting a story time. She'll be telling a story while she builds it out of Legos, and she'll invite the children watching to build with her – or draw, or whatever creative activity they like. This is a prerecorded video; it will be posted on our Facebook page after Sunday service and saved in the videos section of our Facebook page, or you can watch it before Sunday morning by clicking [here](#). Karen has also prepared some questions and conversation starters for you to use during or after watching the video; you can find those [here](#).

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Trinity Episcopal Church  
801 Figueroa Street

Folsom, CA 95630

(916) 985-2495 ~ [www.trinityfolsom.org](http://www.trinityfolsom.org)