



# Trinity Tidings

January 14, 2022

[Visit our Website](#)

## Sundays at Trinity

- Eucharist (7:30am, 9am, 11:15am, 7pm)
  - Children's Chapel (9am & 11:15am)
  - Sunday School for children and adults ~ August - June
  - Nursery 9am-12:30pm
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## Ongoing Events

Thrift Shop: Monday 10am-Noon, Tuesday-Saturday, 10am-1pm

Wednesday 11am: Bible Study is meeting on Zoom and would love for you to join us [here](#). The lesson for next Wednesday is Nehemiah 8:1-10.

Wednesday 6pm: Trinity Wednesday [6pm Zoom](#)

Wednesday 7pm: 11:15am Choir Rehearsal

Thursday 7:30pm: 9am Choir Rehearsal

Sunday 10:30am: Sunday School for Adults in person and on Zoom. Click [here](#) for Zoom.

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**Prayer List** - to submit a prayer request click [here](#).

**Altar Flowers** - if you would like to dedicate Altar Flowers click [here](#).

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## Sunday School

Sunday School for Adults meets on Sunday mornings at 10:30am in the Parish Hall. Masks are required, and we'll be spacing out the chairs a bit. This week, we'll be studying the story of Pontius Pilate, one of the more interesting and provocative people in the story of the Crucifixion.

For the recording of the previous class, click [here](#).

If you're not quite ready to join us in person, we will be broadcasting live on Zoom; the link is [here](#).

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## **Sunday School for Children & Youth**

Many of our kids are either sick or in quarantine, and this Sunday, we're down to only three available teachers when we need a minimum of eight! So, we're going to take a brief break from Sunday School for children and youth; we're canceling classes until the end of January, and we'll reevaluate then and hopefully start classes back up at the beginning of February. For the next few Sundays, we'll still have Children's Chapel during the 9am and 11:15am services, and during Sunday School time, Karen will open the Children's Chapel and have activities for any kids whose parents are in Sunday School for Adults. The nursery will remain open, too.

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## **Annual Meeting ~ January 23rd**

Our parish's Annual Meeting will be held on Sunday, January 23rd, at 10:30am in the Parish Hall. We'll elect three people to the vestry: Charlie Biegel, Christy Evans, and Katriona McLean-Lucas; scroll down this e-mail for a profile of Katriona, and look in next week's Tidings for a profile of Kim Hewitt, who was appointed by the vestry in December to fill the remainder of Graham Breck's term. We'll also review the year past and look ahead to what we'll be doing in 2022, and we'll elect delegates to diocesan convention. If you're interested in serving as a delegate to diocesan convention, please e-mail [Fr. Todd](#) before the Annual Meeting.

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## **Youth Group**

Middle and high school youth group is meeting for dinner and a board game night on Sunday, January 23 from 5:30-7pm in the Parish Hall. We'll have some of our favorite board games there, but feel free to bring one of your favorites if you'd like to share it with the group!

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## **New Book for Trinity Wednesdays!**

The next book for Trinity Wednesdays is Kate Bowler's *Everything Happens For A Reason...And Other Lies I've Loved*. Bowler, a professor at the divinity school at Duke University, was thirty-five and a new mother when she was diagnosed with Stage IV colon cancer. In this book she confronts her mortality and the loss of certainty, provoking questions we should all be asking ourselves. [Ruby's Books](#) at 724 Sutter St has ordered copies for us; you can call ahead, 916.790.8760, to check their stock and to have them hold a copy at the desk for you.

For our previous book, we had an online session at 5pm and an in-person session at 6pm. That was a difficult schedule to maintain, and since the online sessions were slightly better attended due to the winter weather and the early sunset, and everyone who attended in person also occasionally attended online, for this book, we're going to be online only, but at 6pm. Our first meeting will be Wednesday, January 26th, at 6pm; use this [Zoom link](#) to join the meeting. For the first meeting, read the Preface and Chapter One: Diagnosis.

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### Trinity Trowelers

Come join the Trinity Trowelers next Thursday, January 20th, from 8am until 11am, in the Twin Lakes Food Bank community garden. An hour of gardening can be a balm to souls frenzied by the holidays, and it's for a good cause – the produce of the garden goes straight to the Food Bank. The address is 320 Montrose Drive, behind Mount Olive Lutheran Church, and for more info, you can get in touch with [Michelle Kwek](#) or [Jessica Hodge](#).

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### Christmas Yard Signs

A family that was here at the late service on Christmas Eve told me that they weren't planning on attending church, but that afternoon they were out for a walk and saw the yard sign that one of you had put up in your yard, and even though they had never been here before or even heard of us, they decided to look up the service times and come, and they were glad they did. Several folks told me that they came because they saw our signs, and just last week when I was doing some parish business with a vendor, they told me that they had seen one of our signs on their street and were looking forward to meeting that neighbor because they've so enjoyed all the Trinity Folsom people they have met so far.

It's my hope that we will all become comfortable inviting people to church, and it will be so natural for us that we'll barely notice we're doing it. Fr. Charlie and I were out to lunch one day, and a baby at the table across from us starting playing peek-a-boo with me, and when we finished lunch I went over and asked if the family had a church and if the baby was baptized yet (they did, but you never know, if they ever think of changing, maybe they'll think of us!). Maybe you'll never become that comfortable, but the yard signs are a good start. You can return them if you want, but it's even better if you can store them at

your house until next December to use again. Thanks to everyone for putting them up. ~  
Fr. Todd+

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### **Kathy Lawler's Ordination to the Priesthood**

Kathy Lawler, who served part of her seminarian internship with us here at Trinity Folsom during the 2019-2020 program year, will be ordained to the priesthood on Saturday, January 15th, at 3pm at Trinity Cathedral in midtown Sacramento. The service will be broadcast on the Cathedral Facebook page, but unlike Kathy's ordination to the transitional diaconate, there aren't attendance restrictions in place so we are invited to be present (with masks required) with her for this amazing moment in her life. We hope to see you there!

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### **Free Prayers!**

Prayer Squares, available in the narthex, are tangible reminders of God's love for us in stressful times, handy for trips to the dentist, your MRI appointment, your interview. Crocheted with soft yarn and imbued with prayers for healing and wholeness, these pocket-sized squares are tactile reminders that God is always within reach. Take one for yourself and one to give a friend... and know that you are being lifted in prayer by the faithful people of Trinity Folsom. Anyone interested in joining the ministry of crocheting these prayer squares may contact [Mtr. Anne](#).

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### **Choir Open House**

The Trinity Choir invites you to attend an open house on Wednesday, January 26th, 7-9 pm for singers looking for opportunities to serve. Attendees will meet other singers and participate in a rehearsal. No commitment is needed to attend this open house event. We would love to welcome you, even if it is for just one night of music and fellowship. To attend, please RSVP to Brett Judson at [music@trinityfolsom.org](mailto:music@trinityfolsom.org), by Sunday, January 23rd.

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### **Invitation to Children's Choir Open House**

Does your child enjoy music? If your child is looking for meaningful connections and educational programs to help them grow and excel, Trinity Children's Choir is an excellent opportunity for them. Dr. J, Trinity's Director of Music, offers weekly online sessions to encourage children in their love of music and in building connections with one another. Sessions include weekly check-ins, learning about music, and singing anthems for upcoming services. There will be an open house on Wednesday, January 26th, 4:30-5:15

pm. To attend this open house event, please RSVP to Dr. J at [music@trinityfolsom.org](mailto:music@trinityfolsom.org). Please register by Sunday, January 23rd so that a link for the Zoom session can be sent out.

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## Music Notes ~ Glorious Things

This week's closing hymn, "Glorious things of thee are spoken," is by John Newton, set to a tune by Franz Joseph Haydn. Best known for "Amazing Grace," Newton wrote several hymns included in the hymnbook *Olney Hymns*, which was named after the town where Newton and the poet William Cowper lived in England. Cowper and Newton shared many talks together, which bore much fruit in the 1779 hymnbook. Newton's text is often paired with this much beloved tune by Haydn, which also happens to be the national anthem of Germany. The tune was written by Haydn to celebrate the Austrian emperor's birthday. After the 1938 Anschluss in which Hitler seized Austria, he instituted the Austrian tune as the German national anthem. Because of its connotations with Hitler, the Austrians dropped the tune following the war; the Germans, however, have kept the tune as their national anthem. While we tread carefully, knowing that music can be used for a variety of purposes, we trust that we can sing this hymn in the hope of renewing it for lifegiving and holy purposes. Newton's text helps in this endeavor: "See! the streams of living waters, springing from eternal Love... Grace which like the Lord the Giver never fails from age to age..." ~ Dr. Brett Judson, Director of Music

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## The Bishop Is Coming! The Bishop Is Coming!

We weren't scheduled for a visit from the Bishop of Northern California, the Right Reverend Megan Traquair, until the summer of 2023, but the schedule has changed and she'll be visiting us on Palm Sunday, April 10th. She'll be with us at the three morning services. We just had a group confirmed at the regional confirmations a few months ago, but if you missed that opportunity and would like to be confirmed or received into The Episcopal Church when the bishop visits us in April, please let [Fr. Todd](#) know as soon as possible.

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## Grief Group Forming

The Grief Group will meet Wednesdays, beginning January 19 and going through March, from 2pm to 3:30pm. There is reading to do ahead of the first meeting, so if you would like to participate, please let [Mtr. Anne](#) know!

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## Winter Shelter Volunteers

Our parishioners are staffing the HART (Homeless Assistance Resource Team) of Folsom next week, beginning this Sunday, the 16th. Please keep our volunteers, and the people they will be serving, in your prayers!

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## Word of the Week

Our word of the week is [vestry](#). We'll be electing three new people to the vestry at our Annual Meeting on January 23rd; below you'll find a bio of one of them, Katriona McLean-Lucas.

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## Meet Your Vestry ~ Katriona McLean-Lucas



Katriona was born in Downey and attended Chapman University in Orange, both suburbs of Los Angeles. She recently finished her MBA (congratulations!) through Brandman University, part of her alma mater Chapman's system. Katriona works as an employee relations manager for Calavo Growers, Inc., but she has done several different things before in her working life, including running the after-school program and choir at St. John Vianney school in Rancho Cordova, and serving as the executive director for a child development program focused on assisting underserved families. She married Bob, an attorney, in 1988, and they are the parents of Kyle, who is about to return to Sacramento after a few years in southern California, and Blair, a sophomore studying linguistics at the University of Washington. They live in Rancho Murieta, about 15 miles southeast of Folsom.

Katriona, whose mother is an immigrant from Scotland, was baptized in a Presbyterian church; if you don't know this, the Church of Scotland, the national church, is Presbyterian. But Katriona wasn't raised in the church after she was baptized, and when she and Bob started their family, she wanted to raise them in the church. She told Bob, who was baptized in the Episcopal Church, to go find a church, so he opened a phone book and looked for the one nearest their home in Rancho Murieta. That's Trinity Folsom, and they've been here for almost twenty-one years. Katriona currently serves as an usher, sings in the 9am choir, assists with the Children's Choir, and is a coffee hour host once we start having coffee hour again. She's also served on vestry before, and was a longtime volunteer in the Thrift Shop; she took a hiatus to work on her MBA and hopes to be back in the Thrift Shop soon. Bob serves as an usher and a lector, and has served on vestry before, including as junior warden. Kyle was in youth group, as was Blair, and Blair also served as an acolyte and was a member of Fr. Charlie's high school Sunday School class.

The thing that Katriona loves most about Trinity Folsom is the opportunity to connect with people and to be a part of a community; Advent and Christmas are her favorite times of year here because of the community created by the members of the choir as they spend so

much time together rehearsing and preparing to work together to achieve a common goal. That's also why she loved volunteering in the Thrift Shop, because she got to meet and help so many people, representing the parish to them, and because of the relationships she formed with her fellow volunteers. For Christmas, Katriona made goodie bags for the members of the Children's Choir who have been attending the online rehearsals and, like one of Santa's elves, drove around town delivering them; that connectedness, building a community in which people know they belong, is exactly what she wanted for her kids and what brought them to our doors over two decades ago.

Katriona has seen a lot of growth and positive change in the parish over the past twenty-one years. She's particularly excited by how the music program is growing and developing. She hopes that we continue to be a place where young families are welcomed as they're seeking to establish themselves and their identities. She notes that we are developing increasing levels of organizational complexity, an appropriate thing to do to support our continued growth. Recently, she helped the vestry with a compensation study, and she will be joining the new compensation sub-committee that will be tasked with an annual compensation review, constantly refining the compensation study to ensure that the parish attracts and retains the best staff. She's excited by all of the new programs and ministries that have started over the past few years, and the reinvigoration of existing programs and ministries, and wants them all to thrive to support the growth and regeneration of the parish as a whole. And like all of us, she's looking forward to "the other side of this pandemic and seeing more people gathering together again; it's that coming together that creates the energy that makes this place so amazing."

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## Online Offerings

We broadcast the 9am and 11:15am Sunday morning services [here](#).

You can find the 9am Sunday bulletin [here](#).

You can find the 11:15am Sunday bulletin [here](#).

There's a coloring sheet for children (or adults!) based on the Sunday lessons that you can print out at home [here](#). If you can't print at home, e-mail [Karen Van Winkle](mailto:Karen.Van.Winkle@trinityfolsom.org) and she will print a few weeks' worth and mail them to you.

We say Compline on Wednesdays at 8pm [here](#).

You can find the Compline bulletin [here](#).

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