



Trinity Tidings

September 9, 2022

[Visit our Website](#)

Sundays at Trinity

- Eucharist (7:30am, 9am, 11:15am, 7pm)
 - Children's Chapel (9am & 11:15am)
 - Sunday School for children and adults ~ August - June
 - Nursery 8:am-12:30pm
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Ongoing Events

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Thrift Shop: Tuesday-Saturday, 10am-1pm

Wednesday 11am: Bible Study is meeting on [Zoom](#) and would love for you to join us here. The lesson for next Wednesday is Luke 16:1-13.

Wednesday 4:30pm Children's Choir Rehearsal

Wednesday 5:30pm: Trinity Wednesdays Potluck

Wednesday 6pm: Trinity Wednesdays Book Group

Wednesday 7pm: 11:15am Choir Rehearsal

Thursday 7:30pm: 9am Choir Rehearsal

Sunday 10:30am: Sunday School for Adults in person and on Zoom. Click [here](#) for Zoom.

Prayer List - to submit a prayer request click [here](#).

Altar Dedications - if you would like to dedicate altar flowers or candles click [here](#).



Sunday School for Children and Adults

We will be continuing with our study of Bible stories very soon, but this Sunday in the Adults class, Fr. Todd is going to talk a little about his sabbatical trip and specifically his experiences going to church on Sundays, what he learned, and how he hopes to apply it and makes changes here.

Sunday School classes meet from 10:30am until 11:10am. The Adults class meets in the main room of the Parish Hall and we also broadcast it live on Zoom, and this Sunday, the High School class will be joining them. The Middle School class meets in a room in the Parish Hall, just look for the sign. The 3rd-5th and Godly Play (K-2nd) classes meet in the Annex (802 Mormon); access the Annex by going out the glass doors in the Parish Hall into the Courtyard.

To join the Adults class Zoom, click [here](#).
To watch last Sunday's Adults class, click [here](#).

Trinity Wednesdays

For next Wednesday, read chapters eight through twelve of Michelle Huneven's Search. Discussion questions for these chapters are [here](#). We meet in the Parish Hall; potluck at 5:30pm, book group from 6pm to 7pm. Childcare will be provided, and Travis will also be there with activities for any older youth who want to tag along for the evening.

Attention 7:30am Folks!

If you regularly attend the 7:30am service on Sunday mornings, I would love for you to stay after this Sunday and join me in the Parish Hall for a discussion about the future of the 7:30am coffee hour. The current coffee hour structure is not sustainable, so we need to figure out what we want and need, and then reimagine what we do after the 7:30am service. ~ Fr. Todd+

Feed the Hungry: Folsom Day of Service Food Drive

We have 23 neighborhoods left to assign to folks willing to collect donations for the Twin Lakes Food Bank from 9am-12pm on Saturday, September 17th! Claim your pick-up route map in the Parish Hall on Sunday, September 11, following services. Don't forget to pick up your Day of Service T-shirt to wear on the 17th. If you can help or would like more information, contact [Mtr. Anne](#), sign up online [here](#), or call the church office (916.985.2495).

Feed the Hungry: Rise Against Hunger

Tonight (Friday, September 9) at 6pm, please join us in the Parish Hall for a fun-filled evening transforming raw ingredients into 10,000 nutritious meal kits that will be provided to chronically hungry populations. All ages and levels of ability are welcome!

If you're able to lift heavy items, we could use you during setup! Come to the Parish Hall at 4:30pm if you can help get things ready.

Church Directory and Nametags

Our parish administrator Barbara will be in the Parish Hall during coffee hour after all three morning services this Sunday to help you download the parish directory app onto your smartphone (she can also help you access it on your computer, if you don't have a smartphone). If Barbara doesn't have your contact information already, you'll want to give it to her in the office or [email her](#), so that you are in the directory—the app won't give you access otherwise!

Barbara will also be making nametags this Sunday, so if you have never had one or need a new one, go see her in the Parish Hall this Sunday and she'll make one for you! Nametags are free. We don't make nametags for children in elementary school and younger (that's been identified as a best practice to keep them safe), and middle and high school kids can have nametags if their parents agree to it.

Trinity Trowelers

Come join the Trinity Trowelers on Thursday, September 15, between 8am and 11am, in the Twin Lakes Food Bank community garden. An hour of gardening in the morning makes a great start to the day, and it's for a good cause – the produce of the garden goes straight to the Food Bank. The address is 320 Montrose Drive, behind Mount Olive Lutheran Church, and for more info, you can get in touch with [Michelle Kwek](#) or [Jessica Hodge](#).

Music Notes ~ Music Fit for Kings and Queens

The opening hymn for this Sunday is Hymn #410, "Praise my soul, the King of heaven." The text by Henry Francis Lyte, a paraphrase of Psalm 103, has undergone some changes since its introduction in 1834. One verse has been omitted from our hymnal: "Frail as summer's flower we flourish; Blows the wind, and it is gone; But while mortals rise and perish, God endures unchanging on. Praise him! Praise him! Praise the high eternal One!" The tune "Lauda anima" was written by John Goss for Lyte's text. The hymn has been

sung on many festival occasions, including as a processional hymn at the marriage of Queen Elizabeth II on November 20, 1947. Listen to a recording of this historic service at Westminster Abbey [here](#) - the hymn can be heard at the 3:25 minute mark. ~ Dr. Brett Judson, Director of Music

Word of the Week

Our word of the week is [ciborium](#). The article says the hosts kept in ciboria are usually consecrated, but we keep unconsecrated hosts in our big one and consecrated in another smaller one. You'll see the acolytes handing the big ciborium (ours is silver) to the celebrant on Sunday mornings, and the celebrant hands it back after taking out the host wafers needed for that celebration of the Eucharist. Fr. Todd will never forget this word because he didn't know it and lost a point on a 19th century French literature vocabulary quiz when he was in college. The French word is ciboire, and he learned this summer in Montreal that the Quebecois use it as a curse word!

Online Offerings

We broadcast the 9am and 11:15am Sunday morning services [here](#).

You can find the 9am Sunday bulletin [here](#).

You can find the 11:15am Sunday bulletin [here](#).

We say Compline on Wednesdays at 8pm [here](#).

You can find the Compline bulletin [here](#).

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STAY CONNECTED

